

BUCKS COUNTY MARTIAL ARTS

Schedule Effective 9/7/10

Time(PM)	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.(AM)	
5:00	Little Dragons ages 3-5 5:15		White	Little Dragons ages 3-5 5:15	Blue - Red	9:30 - 10:15	Open by appointment only
5:50	Cardio	Yellow/Green	Blue - Red		Beginners	10:15-11:00	Cardio
6:40	White	Beginners	Cardio	Yellow/Green	Cardio	11:00 -12:00	Blackbelt Club see website and white board
7:30	All Adults 14 and up	Brown and up all ages	All Adults 14 and up	Brown and up all ages		12:00-12:45	Weapons (see website and white board)
8:20							

If you have a question, regarding your class schedule please speak with an instructor. Please keep in mind, that some classes are restricted to age, rank, and program. Visit bcmakarate.com for information regarding black belt clubs and sparring/grappling classes.

Parents Please

- * supervise younger siblings
- * make sure your child arrives on time
- * Inform us if someone else will pick your child up
- * Make sure your child's uniform is clean

Students Please

- * wait quietly in the back for your class to begin
- * Place your equipment in the back neatly
- * Greet your Instructors respectfully when entering/leaving the school

(215) 949-2678
bcmakarate.com